REFRESH BODYWORK

FOOT MASSAGE CONSENT & RELEASE

By signing below, you agree to the following:

- 1. You acknowledge that you have scheduled one or more foot massage(s) from Jennifer Reiter with Refresh Bodywork.
- 2. You are physically capable of getting on and off the zero gravity chair safely.
- 3. You do not have any injuries or conditions that should prevent you from receiving foot massage and have not been told by a physician that you should not receive massage or bodywork treatments.
- 4. You will inform the massage practitioner about any medical or physical condition that may affect your ability to receive chair massage, including but not limited to: asthma, heart conditions, stroke or paralysis, diabetes, cancer, arthritis or joint problems, osteoporosis, bruise easily or take blood thinners, numbness or tingling, infectious diseases, Deep vein thrombosis, Neuritis, nervous system dysfunctions such as MS, Parkinson's, or Motor Neuron disease, recent surgeries, recent injuries, pregnancy.
- 5. Every effort will be made to "Do No Harm" to you. However, you understand that it is your sole responsibility to inform the massage practitioner if you experience any pain or discomfort during the session.
- 6. You also agree to accept full responsibility for your body and actions and agree to release and indemnify Jennifer Reiter, Refresh Bodywork or any of its trustees, officers or staff from any and all claims or injuries relating to this or any future massage session.
- 7. You understand that the massage is for relaxation and stress relief purposes only.
- 8. Jennifer reserves the right to refuse service to individuals who are showing outward signs of illness, intoxication or recreational drug use.
- 9. You understand that any inappropriate behavior will result in the immediate termination of my services and full payment is expected.

Check Applicable Box:	
I have no physical, mental or other conditio	ns precluding foot massage.
I have the following physical, mental or other massage (list all):	er conditions that may affect receiving foot
Printed name:	
Signature:	Date: